

# **CULTIVATING BELONGING IN EARLY YEARS AND CHILD CARE**

**Halton's Professional Learning Symposium  
October 28, 2022 | Online Journal**



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## HOW TO USE THIS ONLINE JOURNAL

This online space is an opportunity to highlight your thoughts, ideas and reflections as you engage in the virtual Cultivating Belonging in Early Years and Child Care Professional Learning Symposium.

This will support you in your professional practice and learning journey. Use this throughout today's event to capture your thoughts and information gathering and any future recordings or sessions you may attend. Each speaker will have a page dedicated to their session where your thoughts and ideas can be captured. Complete the reflection questions to consider what is next in your learning journey.



*Download this journal to your own device to complete during the event and future sessions using the fillable forms.*



**SUSAN STEWART:  
YOUR NEW LENSES ARE READY FOR PICK UP:  
SEEING THE LIGHTER SIDE OF LIFE IN  
CHALLENGING TIMES**



*Susan Stewart*

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**9:00 AM - 10:00 AM**

We are kicking things off with some laughs and inspiration featuring comedian/author/speaker, Susan Stewart! With the humour she is best known for; Susan will be sharing how changing your perspective (and re-writing the story you're telling yourself) can help you be resilient in times of adversity or uncertainty.

# REIGNITE

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Providing an **equitable** space that meets us where we are at, and allows us to feel excited and passionate about our work with colleagues, children and families. Providing a space of safety to learn about ourselves, to reflect on our path, and to delve deeper into our passion for working with children.

## MEET THE SPEAKERS

*Kendra Gage*

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CREATING INCLUSION AND  
CONNECTION THROUGH INDIGENOUS  
WAYS OF KNOWING AND BEING

---

*Beth Anne Baus, Evelyn Bursey  
& Maggie Perrins*

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INTRODUCTION TO THE HALTON EARLY  
YEARS MENTAL HEALTH TOOLKIT: A  
DISCUSSION OF MENTAL HEALTH IN  
EARLY CHILDHOOD SETTINGS

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*Leah Taylor, Matthew Bourke  
& Trish Tucker*

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PROMOTING HEALTHY MOVEMENT  
BEHAVIOURS IN EARLY CHILDHOOD  
EDUCATION SETTINGS

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*Jammy Whelan*

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UNDERSTANDING COMPASSION  
FATIGUE, BURNOUT, AND VICARIOUS  
TRAUMA

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*Georgiana Mathurin &  
Dr. Janelle Brady*

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NAVIGATING ANTI-BLACK RACISM AND  
PRECARIOUS MIGRATION STATUS IN THE  
EARLY CHILDHOOD SECTOR

---

*Susan Stacey*

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CURIOSITY AND QUESTIONS AS A  
STARTING POINT FOR PEDAGOGICAL  
DOCUMENTATION

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*Diane Kashin*

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EXPLORING FRIENDSHIPS IN EARLY  
CHILDHOOD EDUCATION

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*Pierre Harrison*

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THE LEARNING JOURNEY  
L'APPRENTISSAGE :  
UN CHEMINEMENT DE VIE  
LE JEU : UNE NÉCESSITÉ FONDAMENTAL

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## MEET THE SPEAKERS

*Zoe Mitchell*

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CREATING AND SUSTAINING EQUITABLE  
AND INCLUSIVE CHILDCARE TO UNLOCK  
EVERY CHILD'S POTENTIAL

---

*Rupinder Kaur*

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LIBERATION ARTS- LITTLE ONES LET US  
HEAR THEM ROAR

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*Carol Massing &  
Mary Lynne Matheson*

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BUILDING CULTURALLY RESPONSIVE  
PRACTICE AT THE INTERCULTURAL  
CHILD AND FAMILY CENTRE

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*Christine Massing*

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LEARNING FROM SCHOOL AGED  
CHILDREN FROM REFUGEE  
BACKGROUNDS

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*Drew Dudley*

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THERE IS NO SUCH THING AS A GOOD  
PRIVATE CLUB: EMBRACING INCLUSIVE  
LEADERSHIP

*Marie Helene Budworth*

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INCLUSIVE WORKPLACES

---

*Dr. Peter Rosenbaum, Lynda Moore,  
Rachel Teplicky, & Marilyn Wright*

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THE F-WORDS FOR CHILD  
DEVELOPMENT : PROMOTING  
BELONGING AND INCLUSION IN THE  
EARLY YEARS

---

*Jennifer Thomson &  
Ms. Shelly Bridgman*

---

WORKING WITH 2SLGBTQIA+ YOUTH

---

*Dr. Susan Hopkins*

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INTRODUCTION TO SHANKER SELF-REG  
IN THE EARLY YEARS

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*Anisha Angella*

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MORE THAN A BOOK ON A SHELF:  
DIVERSITY IN AND EARLY CHILDHOOD  
ENVIRONMENT

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*Abhi Ahluwalia*

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CRITICAL THINKING BY DESIGN

**NETWORKING, FORUMS AND EXHIBITERS:**



# REFRESH

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**Diverse opportunities for learning together and listening to the voices of colleagues, friends, and community partners, while discovering new practices, perspectives, and pedagogies that reinvigorate our 'why'.**

## CLOSING REMARKS



*Natalie Royer*

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**3:00 PM - 4:00 PM**

### CLOSING REMARKS AND WRAP UP

ECEs have one of the most powerful jobs in the world.

We support young minds; we create spaces that cultivate love, and we are pouring love into children and families everyday while balancing our own families and responsibilities. We do it all! However, we have to make sure that we are also pouring into ourselves. We want to make sure that we are giving ourselves the same love and compassion every day. After a day of learning and collaborating, let's make sure that we always keep our cup FULL!



# RECOGNIZE

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Participating by using this **inclusive** platform to build a stronger sense of empowerment, knowledge, and skills as we recognize the contribution and hard work of those in the early years and child care sector to fostering learning and development.

**YOUR NEW LENSES ARE READY FOR PICKUP:  
SEEING THE LIGHTER SIDE OF LIFE IN CHALLENGING TIMES**

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*Susan Stewart*

What was the impact of the learning event on you?

- How did it make you feel?
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# CREATING INCLUSION AND CONNECTION THROUGH INDIGENOUS WAYS OF KNOWING AND BEING

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**NAVIGATING ANTI-BLACK RACISM AND PRECARIOUS MIGRATION STATUS  
IN THE EARLY CHILDHOOD SECTOR**

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*Georgiana Mathurin &  
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A DISCUSSION OF MENTAL HEALTH IN EARLY CHILDHOOD SETTINGS**

*Beth Anne Baus, Evelyn Bursey  
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# CURIOSITY AND QUESTIONS AS A STARTING POINT FOR PEDAGOGICAL DOCUMENTATION

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*Susan Stacey*

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**PROMOTING HEALTHY MOVEMENT BEHAVIOURS IN EARLY  
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*Leah Taylor, Matthew Bourke  
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## EXPLORING FRIENDSHIPS IN EARLY CHILDHOOD EDUCATION

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*Diane Kashin*

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*Pierre Harrison*

Quel a été l'impact de l'événement d'apprentissage sur vous ?

- a. Comment l'avez-vous ressenti?
- b. A quoi avez-vous pensé?

Identifier les messages clés de la session d'apprentissage.

- a. Demandez-vous si ces messages clés confirment vos pratiques éducatives actuelles ou s'ils vous ont encouragé à penser un peu différemment.
- b. Lesquelles de ces idées clés aimeriez-vous mettre en pratique?

Comment pourriez-vous partager ces messages avec vos collègues ?

- a. (i.e., organiser une discussion dans une réunion du personnel; préparer une synthèse/réflexion écrite sur l'information; mettre en place un affichage; créer un classeur de ressources...)

Comment l'appartenance, l'équité, la diversité, et l'inclusion (EDI) sont-elles appliquées dans cette session?

- a. Quelles sont vos nouvelles connaissances se l'EDI?
- b. Comment est-ce que ces informations vous aideront dans votre travail avec les enfants et les familles dont vous êtes responsable ou que vous soutenez?

## LE JEU : UNE NÉCESSITÉ FONDAMENTAL

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# UNDERSTANDING COMPASSION FATIGUE, BURNOUT, AND VICARIOUS TRAUMA

*Jammy Whelen*

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**CREATING AND SUSTAINING EQUITABLE AND INCLUSIVE CHILDCARE  
TO UNLOCK EVERY CHILD'S POTENTIAL**

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*Zoe Mitchell*

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## INCLUSIVE WORKPLACES

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*Marie Helene Budworth*

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## LIBERATION ARTS- LITTLE ONES LET US HEAR THEM ROAR

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*Rapinder Kaur*

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**THE F-WORDS FOR CHILD DEVELOPMENT : PROMOTING BELONGING  
AND INCLUSION IN THE EARLY YEARS**

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*Dr. Peter Rosenbaum, Lynda Moore,  
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## LEARNING FROM SCHOOL AGED CHILDREN FROM REFUGEE BACKGROUNDS

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*Christine Massing*

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## INTRODUCTION TO SHANKER SELF-REG IN THE EARLY YEARS

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*Dr. Susan Hopkins*

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EMBRACING INCLUSIVE LEADERSHIP**

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DIVERSITY IN AND EARLY CHILDHOOD ENVIRONMENT**

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*Annisha Angella*

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## CRITICAL THINKING BY DESIGN

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*Abhi Ahluwalia*

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## STRESS MANAGEMENT FOR EDUCATORS

*Natalie Royer*

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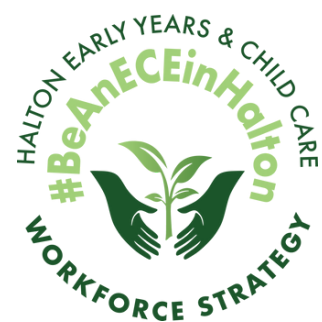
Thank you for your participation in Halton's Cultivating Belonging in Early Years and Child Care Symposium. In Halton we recognize and acknowledge all educators, child care workers, and leaders for their service to our community. We are proud of our sector's commitment to providing quality child care and early years programs. Thank you for all you do.



————— STAY CONNECTED! —————

Register your email at [thrc.ca/professionallearning](https://thrc.ca/professionallearning) to receive the most current information about what is happening in the Early learning and Child Care sector from THRC.

Continue your Professional Learning Journey by visiting THRC's website for more Professional Learning. We look forward to working with you.



This opportunity is funded in partnership with the Region of Halton, the Province of Ontario and Government of Canada under the new Canada-Ontario Early Childhood Workforce Agreement, which provides one-time federal funding to support the recruitment and retention of a high-quality child care and early years workforce.